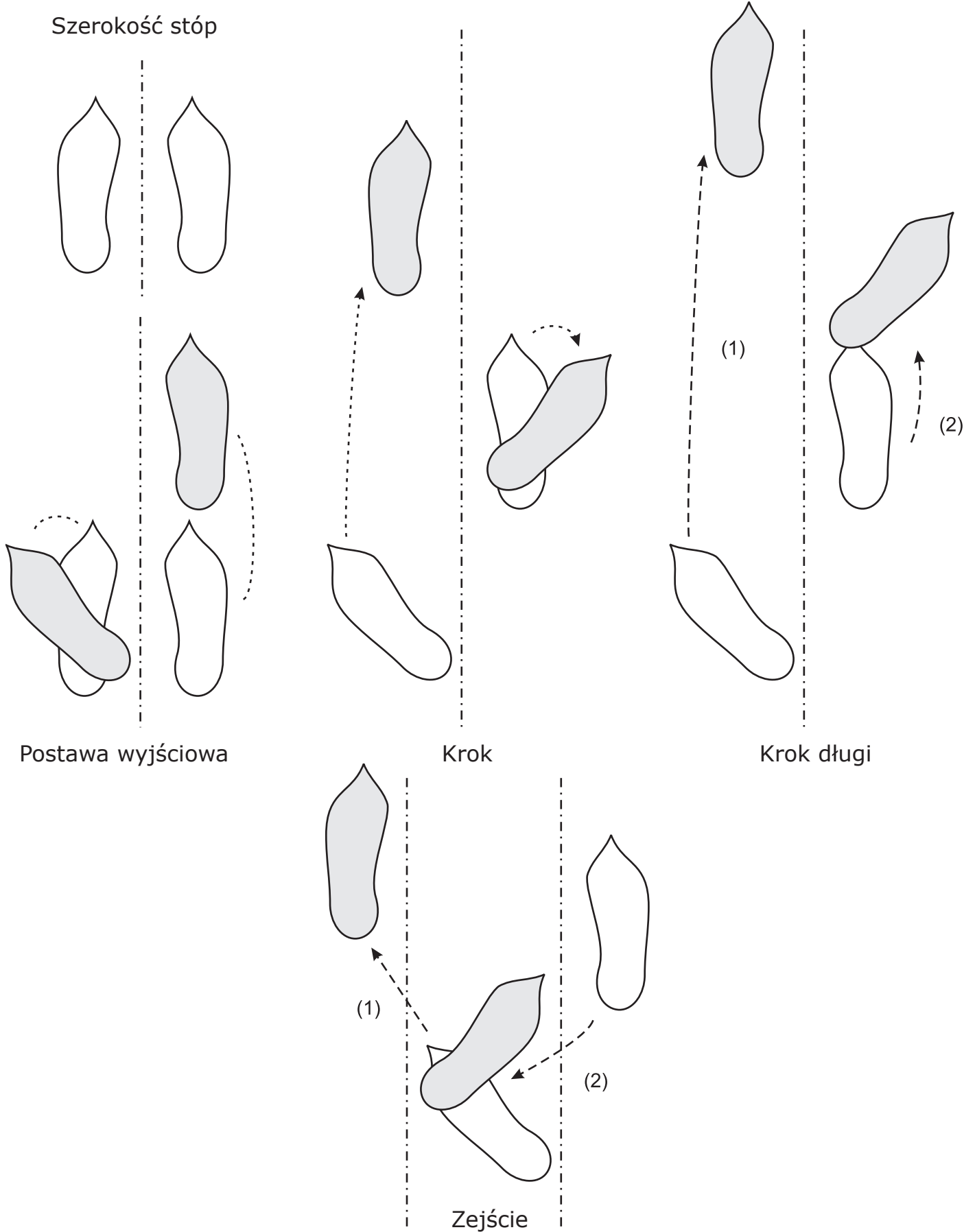


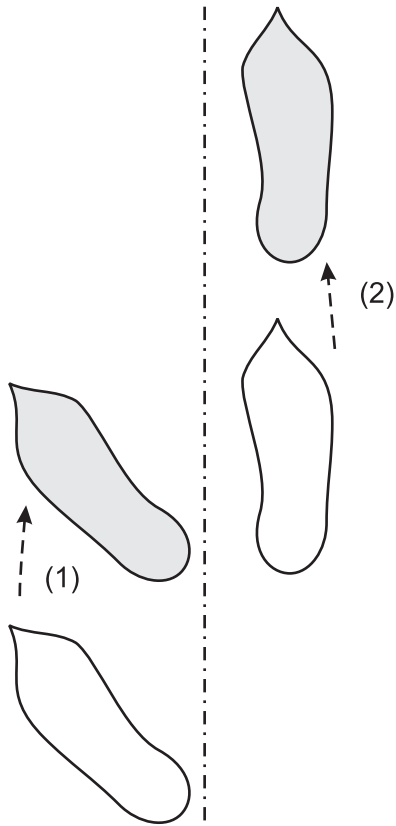


## Kroki podstawowe

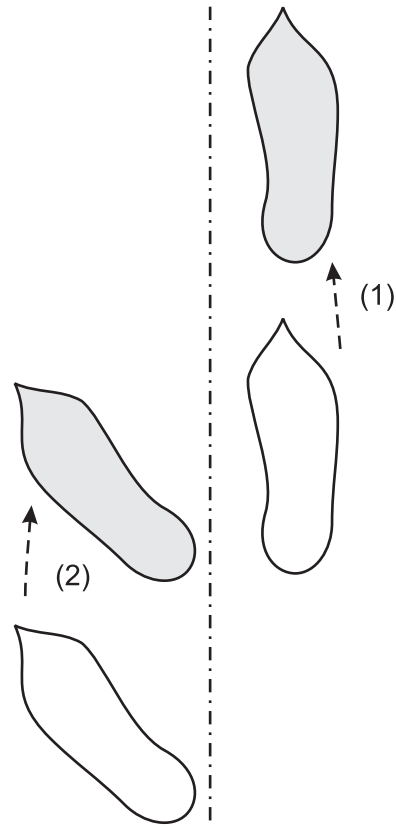




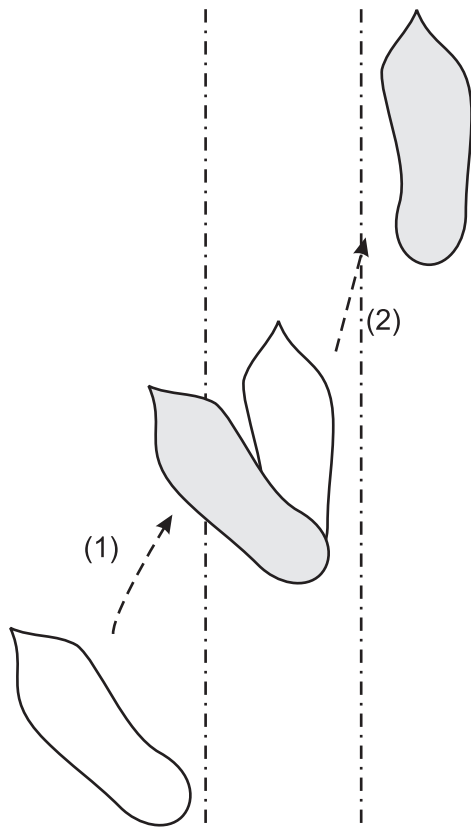
## Kroki dodatkowe 1



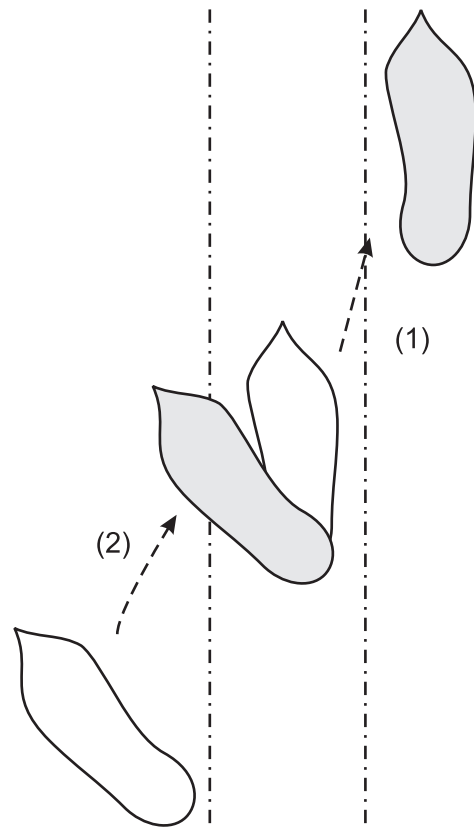
Krok dostawny



Półkrok



Zejsście krokiem dostawnym



Zejsście półkrokiem



## Kroki dodatkowe 2

